



YOLANDA'S PET SITTING AND BOARDING

The Las Vegas Pet Sitter

December 2024

How to Have a Pet-Safe Holiday!



Image by Oleksandr Pidvalnyi from Pixabay

The **holiday season** is quickly approaching! But **before** you celebrate one of the eleven world holidays in December, pet-proof your home to proactively keep your **pets safe!**

COMMON HOLIDAY FOOD DANGERS

- ~ Alcoholic Beverages
- ~ Apéritifs & Liqueurs
- ~ Beer, Wine & Spirits
- ~ Cocktails
- ~ Eggnog
- ~ Artificial Sweeteners like xylitol
- ~ Baking Powder/Soda
- ~ Blue Cheese
- ~ Butter, Milk, Cream & Cheese
- ~ Coffee, Tea & Cocoa
- ~ Cooked Bones/Skin/Fat
- ~ Candy & Chocolate (including gelt coins)
- ~ Desserts:
 - ~ Christmas/Plum Pudding
 - ~ Fruitcake/Mince Pie
 - ~ Ice Cream
 - ~ Latkes, Sufganiyot & Rugelach (Hanukkah Desserts)
- ~ Dressings
- ~ Gravy & Stuffing
- ~ Ham, Bacon & Sausage
- ~ Mushrooms
- ~ Nuts:
 - ~ Black Walnuts
 - ~ Macadamia
 - ~ Pistachios
- ~ Onions, Scallions & Leeks
- ~ Raisins, Grapes & Currants
- ~ Raw Dough
- ~ Snacks: Salty & Sugary
- ~ Spices:
 - ~ Nutmeg
 - ~ Sage

NEVER LEAVE leftovers unsupervised on tables or counters!

OTHER COMMON HOLIDAY DANGERS

HOLIDAY PLANTS (see the infographic on the back)

HOLIDAY DECORATIONS including tinsel, garland (with popcorn or cranberries), icicles, imitation snow or flocking, low-hanging ornaments and hangers, salt dough ornaments, electric lights or extension cords, lit candles or menorahs, small toys or dreidels, potpourri, essential oils and snow globes

WRAPPING, string, ribbons and bows

BATTERIES (new and old), silica gel packets

CHRISTMAS TREE WATER

Accessible or unsecured **GARBAGE** or **TRASH** (for pets and wildlife)

Give Your Dog a Stress-Free Holiday!



Image by Herbert from Pixabay

Not every dog enjoys a busy and chaotic household with unfamiliar guests, sounds, sights and smells! Overwhelming holiday stress for the family dog can lead to unwanted behaviors or issues.

Find out if **YOUR** dog is ready for the holidays with the quick quiz at CanineZen.com, then learn how to keep your dog **stress-free** by:



- Maintaining their regular routine.
- Maintaining clear boundaries.
- Scheduling downtime and breaks.
- Managing guest interactions.
- Keeping your energy calm and relaxed; and
- Creating a **quiet, safe space** for your dog!



Illustration Courtesy of Natalia Lavrinenko, Pixabay



Disclaimer: This information does not constitute professional veterinary advice. Always work with your regular licensed vet for your pet and their specific medical history, overall condition, age and breed.

Visit: Yolanda's Pet Sitting and Boarding: The Las Vegas Pet Sitter!

Call: 702-508-8223

Email: TheLasVegasPetsitter@gmail.com

[LinkedIn](#)

[Alignable](#)


[YouTube](#)

5 HOLIDAY PLANTS TOXIC FOR PETS

BEWARE!

PET CAMP
Where pets don't just pass time...


Poinsettias



Symptoms:


- Mild signs of vomiting, drooling, diarrhea (rare)
- If milky sap exposed to skin: dermal irritation (redness, swelling, & itchiness)

Holly




Symptoms:

- Intestinal upset: vomiting and diarrhea
- Excessive drooling, and abdominal pain




Mistletoe



Symptoms:

- Severe intestinal upset: vomiting, diarrhea, and abdominal pain
- Sudden and severe drop in blood pressure
- Breathing problems, even hallucination (unusual behavior)


Japanese Yew



Symptoms:

- Drooling, vomiting, weakness, difficulty breathing
- Life-threatening changes in heart rate and blood pressure
- Dilated pupils, tremors, seizures, and coma

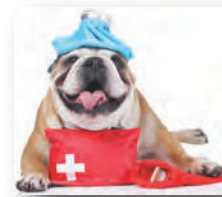
Lilies



Symptoms:

- Mainly toxic to cats
- Drooling, pawing at the mouth, foaming, and vomiting
- Loss of appetite, weakness or lethargy, excessive thirst or urination
- Racing or irregular pulse

Graphic Courtesy of Pet Camp
ALSO AVOID ... Anthurium, Amaryllis, Azaleas, Balsam, Cedar, Christmas Cactus, Ivy, Pine Needles and Snowdrops.



Holiday Dangers to Keep Your Dog Away From

Careful planning ahead can keep your dog, cat and other pets **safe during the holiday season** from potential dangers and risks.

If you suspect your pet has gotten into something they shouldn't have, immediately contact your vet, the ASPCA's Poison Control Hotline or the Pet Poison Helpline for expert help (fees may apply).

Do not induce vomiting or apply treatment without a veterinarian's guidance.

ASPCA's Poison Control Hotline:
888-426-4435

Pet Poison Helpline: 855-764-7661



Holiday Foods Your Pup CAN Enjoy!

We know it's hard to ignore those begging puppy eyes, so below are the foods you can **safely share in moderation!**

COOKED, UNSEASONED AND PLAIN

>> PROTEINS <<

- ~ Chicken, turkey or beef (Avoid feeding ham)
- ~ Scrambled eggs

>> VEGETABLES <<

- ~ Broccoli
- ~ Brussel sprouts
- ~ Carrots
- ~ Green beans
- ~ Sweet potatoes

>> FRUITS <<

- ~ Berries
- ~ Apples, fresh and sliced with no seeds or cores
- ~ Pumpkin (NOT pumpkin pie filling!)

DO NOT feed your pet gravies, glazes, sauces, butter, milk or other dairy products, salt or onions.

Cool Stuff for the Dog Lover Inspirational K9 Prose & Gifts

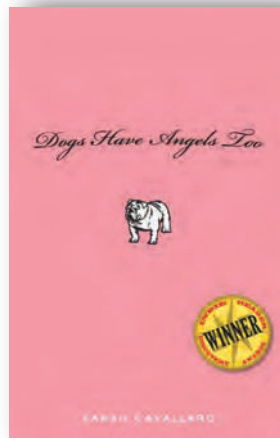
Anyone who has lived with a dog knows **how much** they give us unconditionally every single day!

Looking for an **inspiring read** or the **perfect gift** for a dog lover?

Introducing award-winning author, Sarah Cavallaro, and her heartwarming comedy of errors for dog lovers of the twenty-first century.

"Dogs Have Angels Too" is a fun, quirky read, dedicated to people who want to redefine their lives by helping animals in need.

(A percentage of this book's sales proceeds will be donated to animal shelter and rescue organizations.)



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